EYFS progression map from birth to the end of Reception year

Area of Learning Physical Development

Concept:
Fine Motor
Educational Programme from the EYFS framework: Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults. By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye co-ordination which is later linked to early literacy. Repeated and varied opportunities to explore and play with small world activities, puzzles, arts and crafts and the practice of using small tools, with feedback and support from adults, allow children to develop proficiency, control and confidence.

Fine Motor			**ELG**
Progression steps to enable typical progression withinthis concept ↓	**Birth – 3**	Reach out for objects as co-ordination develops. Pass things from one hand to the other. Lets go of things and hand them to another person, or drop them. Clap to music. Use small motor skills to do things independently, for example manage buttons and zips, and pour drinks. Show and increasing desire to be independent such as wanting to feed themselves. Start to eat independently learning to use a knife and fork. Develop manipulation and control. Explore different materials and tools.	**Children at the expectedlevel of development will:** **Hold a pencil effectively in preparation for fluent writing- using the tripod grip in almost all cases.** **Use a range of small tools, including scissors, paintbrushes and cutlery.** **Begin to show accuracy and care when drawing.**
	3-4 yrs	Use a comfortable grip with good control when holding pens and pencils. Show a preference for a dominate hand. Being increasingly independent with zips and buttons.	
	Reception	Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks, rolling pins and spoons etc. Develop the foundations od a handwriting style which is fast, accurate and efficient.	